Reinvention: The Other Side of Uncertainty

Module 8. The Momentum of Reinvention: Your Action Plan



Reinvention: The Other Side of Uncertainty

Perseverance and persistence.

When you are dropped into an environment that challenges your stability and reality, there is no quitting. The only forces you can count on are your spirit, character and experience.

That's the great lesson that earns your place in the world.

Sebastian Copeland

Author, Explorer, Photographer



Where We Have Been...

- Understanding the elements of reinvention necessary to deal with the challenges of uncertainty.
- Inventorying and identifying your transferable skills.
- Using resilience as a tool for recognizing and managing the emotional impacts of uncertainty.
- Creating an action plan designed to both empower staff and maximize positive aspects of existing and upcoming changes.



What Are Your Next Steps?

- · Implementing Your Action Plan
- · Maintaining Your Momentum
- · What's Next?
- Conclusions





Resources

- CDCR Office of Employee Wellness 855-897-9822
- · Your local Peer Support Team
- CDCR Layoff Resources website: http://www.cdcr.ca.gov/layoffresources/Index.html
- EAP
- · Other

